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Arestin® Periodontal Treatment Post-op Instructions



Arestin Protocol

What It Is

ARESTIN® is an effective antibiotic treatment that comes in powder form. This powder is easily placed inside infected periodontal pockets just after the dental professional finishes the scaling and root planing (SRP) procedure.

How It Works

ARESTIN® contains "Microspheres"-tiny, bead-like particles that are smaller than grains of sand and are not visible to the eye. The Microspheres are filled with the antibiotic minocycline, and they release the drug over time into the infected periodontal pocket, killing bacteria that live there for up to 21 days.

Proven Results

ARESTIN® Microspheres continue to fight the infection for up to 21 days after SRP. In clinical studies, ARESTIN® has been proven to be more effective than using SRP alone. ARESTIN® also significantly reduced the size of periodontal pockets compared to SRP alone, killed the bacteria most commonly associated with periodontal disease, and reduced bleeding on probing of the gums

How do I get the best results from my treatment with Arestin®?

1. Avoid touching the treated areas.
2. Wait 12 hours after your treatment before brushing teeth.
3. Wait 10 days before using floss, toothpicks, or other devices designed to clean between the treated teeth.
4. Avoid foods for 1 week that could hurt your gums.
5. Don't chew gum or eat sticky foods.
6. After 10 days, resume cleaning between the treated teeth on a daily basis.

Remember, you must do your part. After your Arestin® therapy, if you don't brush at least 2 times per day and floss every day, then any dental treatment of your gum disease will not work effectively.

It is not uncommon to experience mild to moderate sensitivity during the first week following treatment. If however, you experience pain, swelling, or other complications, please call Plymouth Valley Dental Group immediately, 610-277-0996.